# **Fall Conference Meeting**





# Veterans of Foreign Wars Department of Florida

Dates: October 21st - 23rd

Location: Florida Hotel - 1500 Sand Lake Road, Orlando, FL For reservations call: 407/859-1500

Be sure and mention Veterans of Foreign Wars – Fall Meeting for room rate of \$119.50 + tax.

Reservation Cut-Off Date: Friday, September, 30 2022 by 5:00 p.m.

Check In: 4:00 p.m. Check out 11:00 a.m.

**Complimentary Self-Parking** 

# 2022-2023 DEPARTMENT OF FLORIDA VFW AUXILIARY FALL CONFERENCE OCTOBER 21 – 22, 2022

# AT THE FLORIDA MALL HOTEL 'CHRISTMAS IN OCTOBER'

This year at the Department Fall Conference we will be asking the Districts to partner with their auxiliaries to donate a beautifully and creatively decorated themed Christmas tree (3-4 ft.) or Christmas Wreath (18-24 inch).

During the Department Fall Conference, the decorated Christmas Trees and Wreaths will be on display at the Florida Mall Hotel in the meeting area foyer. Members can purchase raffle tickets for a chance to win their favorite Christmas Tree or Wreath during the Fall Conference, with all proceeds benefiting the Department Presidents Special Project.

District Presidents, get with your Auxiliaries and get those 'HOLIDAY' creative minds working to create a beautifully decorated Christmas Tree or Christmas Wreath for Fall Conference.



# 2022-2023 FALL CONFERENCE BUDDY POPPY CONTEST



The Department is holding its annual Buddy Poppy Contest at the upcoming Fall Conference. Judging will take place on Saturday, October 22, 2022 at the Florida Hotel in Orlando.

**Categories are as follows:** 

Category 1— Public Promotion of the Poppy Campaign (window, booth, parade, poster campaign promotions).

Category 2 — Memorial or Inspirational Display (wreaths, memorial tablets or plaques, patriotic or devotional themes).

**Category 3** — **Artistic or Decorative use of Poppies (Post Home Display, table centerpieces, corsages, pictures, plaques, models, scenes, hats, novelty pieces, etc.** So, get out the glue, poster boards, hats etc. and let's see your talents at work. Put your heads together and make this a team effort with your auxiliary members.





#### 2022-2023 BUDDY POPPY CONTEST HELD AT THE FALL CONFERENCE FLORIDA HOTEL, ORLANDO OCTOBER 21-23, 2022

## Judging will take place on Saturday, October 22<sup>nd</sup> around 12 p.m. Tables will be made available for the displays

#### Category 1. Public Promotion of Poppy Campaign (Window, booth, parade, poster displays, campaign promotions, etc.)

Display must be designed for public exposure and must bear a message soliciting a donation for and wearing of the VFW Buddy Poppy. At least one Poppy used in the display must be in its original form and color, with label attached.

#### Category 2. Memorial or Inspirational Display (Wreaths, memorial tablets or plaques, patriotic or devotional themes)

Display must be designed to honor the dead, to inspire devotion to God and Country, or to dramatize the activities supported by the Buddy Poppy. At least one Poppy used in the display must be in its original form and color, with label attached.

#### Category 3. Artistic or Decorative Use of Poppies (Post Home displays, table centerpieces, corsages, pictures, plaques, models, scenes, hats, novelty pieces, etc.)

Any display not meeting the qualifications for Categories 1 or 2 shall automatically be entered in category 3. At least one Poppy used in the display must be in its original form and color, with label attached.



#### Volume 23

August 2022

Issue 3

"Champion for Veterans with Hands that Serve, Hearts that Care"

#### Flag Retirement Ceremony

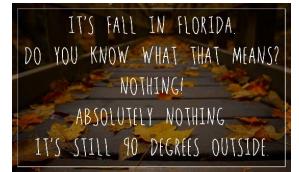
While there are many different reasons to hold a flag ceremony, they all share one essential thing – respect for the flag. One of the most meaningful ways to show respect for the flag is by participating in a flag retirement ceremony.
This is a perfect way to involve the entire family of Auxiliary and VFW Members. Invite your community!!

#### How To Retire A Flag

- \* The flag should be folded in its customary manner.
- \* It is important that the fire be fairly large and of sufficient intensity to ensure complete burning of the flag.
- \* Place the flag on the fire.
  \* The individual(s) can come to attention, salute the flag, recite the Pledge of Allegiance and have a brief period of silent reflection.
  \* After the flag is completely consumed, the fire should then be safely extinguished, and the ashes buried.
  - \* Please make sure you are conforming to local/state fire codes or ordinances.



Start making Veterans Day Celebration plans! Remember... We are here to serve and support our Veterans!!







Debra Gates Department Americanism Chairman Debgates1@gmail.com

# **Auxiliary Outreach**

August 2022

**Department of Florida VFW Auxiliary** 

Volume 23, Issue 3



When working Auxiliary Outreach program all you have to do is remember this one word!!!!!

**S** – eek out local groups and organizations

- A sk what your Auxiliary can do to partner with them.
- V ote on your auxiliary floor to accept the challenge to volunteer
- **E** xecute the partnership
- **R** ecord the details and report your success.

Jackie Bruder Auxiliary Outreach Department Chairman <u>twins112404@yahoo.com</u>





## National Home for Children & Buddy" ® Poppy

VFW Auxiliary Department of Florida

August 2022

Volume 23, Issue 3

#### Creating Awareness & Educating Your Community

- Contact a local civic or community group offering to speak to members about Buddy Poppy & National Home
- Groups which to contact: Rotary club, Boy Scout Troops, Chamber of Commerce, women's groups.
- Bring Buddy Poppies and distribute when you speak to groups in your community.
- Use your calendar to schedule a time to speak before a holiday that you plan to distribute Poppies, ask members to stop by and support you.
- Ask your local groups or organizations to support the National Home by donating a lifetime membership.
- Prepare a one-page informational sheet on National Home to distribute, on back copy the application for lifetime membership.

Has your post or auxiliary purchased a National Home Life Membership?

Recognize Volunteers who have done a great job by purchasing a life membership for them.

Consider using Life Membership as a special "Love" gift in memory of lost loved one, for yourself or an auxiliary member.

Only a \$50.00 lifetime member cost



#### S.W.A.P. - Sharing Wonderful Auxiliary Projects Auxiliary Post 10972

**Bonita Springs** created and printed a volume of paper placements which they sold business card size ads to local businesses and included information in the center about the Buddy Poppy & National Home for Children. A great promotion gets a local printer to support the cost by donation or giving ad space, this is a great small profit maker and gets more local businesses supporting and learning about your auxiliary.



Remember Buddy Poppy Distribution:

✓ Friday, November 11, Veterans Day

Approved by: Department President, Cindy Estell

Betty A. Bailey, Chairman bann652@aol.com



# **Department President's**

# **Special Project**

PAWS FOR VETERANS

#### August 2022 Volume 23, Issue 3

In This Issue >>>

- Veterans From Florida
- Did You Know?
- Program Awards
- Program Goal Thermometer



# **CHAMPIONS FOR VETERANS**





John Pangborn (USMC) Service Dog '*Ruth*' Lakeland, FL

Six years in the USMC with deployments to Yugoslavia Persian Gulf, and Afghanistan affected John's mental health. He was isolating, and night terrors were persistent, so his wife suggested a Service Dog. Now,

he is thrilled with his new buddy, "Ruth!" "Any kind of bad thoughts that I may have, day or night, she just knows and brings me happiness."



Steve (USA) Service Dog "Milton" Florida

Steve served in the Army for 22 years, including weighty responsibilities and multiple deployments. Post-traumatic stress kept Steve

isolated, rarely leaving the house. Now, he been matched with an easygoing dog named Milton. "It's been a great experience." Steve says Milton is a pretty calm, relaxed, and a quiet dog.

#### Did You Know?:

- It takes two years of intense training to prepare a dog for its "fur"ever home
- Dogs, training, and maintenance for veterans are free of charge for life
- Southeastern Guide Dogs has over 1,200 active dogs in all 50 states

VFW Auxiliaries Who Raise and Donate will Receive the Following Awards: <u>DEPARTMENT AUXILIARY AWARDS</u> Paw of Courage Award Up to \$599 Champion Award \$600-\$999 Best in Show Award \$1000 or more Ed Burton (USN) Guide Dog 'Sully' Bradenton, FL

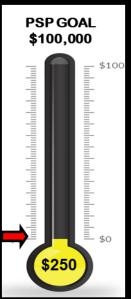
While Ed served as a Navy diver and an operating engineer mechanic in Vietnam, an unidentified eye inflation caused optic nerve damage and vision loss. Ed was able to complete 28 years

of service, but his condition worsened. He was hit by a car in 2003 while crossing a street, prompting him to get his first guide dog in 2006. Ed fell instantly in love with Sully, a match that was emotionally and physically ideal! Ed notes, calling this petite yet powerful girl his, "Alfa Romeo sports car."









Approved by: Department President, Cindy Estell Department PSP Chairman— Bob Kabala Rkabala@tampabay.rr.com

# **Historian and Media Relations Programs**

Hands That Serve, Hearts That Care

#### August 2022

Volume 23, Issue 3

# **Best Ways to Store Media**

- Don't Rely on Storing Images on Memory Cards.
- Store Your Photos on External Hard Drives.
- Backup Your Photos on the Cloud.
- Save Your Photos as E-mail Attachments.
- Go Old School and Burn Your Photos to CD.
- Print Your Favorite Photos and Put Them on Display.

# **Tips for Good Media**

- 1. Make a local connection.
- 2. Know the language use "words that work."
- 3. Get to the point. The first sentence or two should answer the key questions of who, what, why, when, and where.
- 4. Use short, punchy sentences with active verbs.
- 5. Make sure spelling and grammar are 100 percent correct.
- 6. Time your distribution.
- 7. Learn what the reporter needs.
- 8. Write an interesting subject line.



# **I-Cloud Storage**

**Cloud storage** is a great option that is a low cost. With no physical storage devices, you do not have to worry about damage. loss, or failure of a device and your storage space can grow with your needs; however, there are some drawbacks to this service. The biggest drawback is the fact that you will need internet access to upload and access your photos.



Julia Montford-Ferrell Department Historian-Media Relations Chairman jamferrell53@gmail.com

# HOSPITAL

"Hands that Serve, Hearts that Care" Volume 23 Issue 3 August 2022

#### VA Women's Health Care

You as an Auxiliary Member of a VFW are now starting to see more women Veterans come into our VFW family. Women veterans are the fastest group of veterans with growing and unique needs. Learn about the resources that the VA has to offer.

- How do women veterans find out what benefits and services they can receive?
- How do women veterans access those VA Benefits and services available?
- What kind of health care is available to them?
- Does the your local VA or Local VA Clinic offer Women Veteran Services?
- Did you know that there are educational benefits available?

Find information to have available for the female veterans in your VFW area. Get your post service officer involved and help them find the information they will need. Contact your local VA Women's Clinic for brochures and information.

# How do I get this information out to women veterans that are not part of our VFW?

- Go to community events and pass out information.
- Talk to your local small case stores and ask to set up outside, this may also run with a membership drive.
- Be creative by thinking outside of the box.

#### **Women Veterans Recourses**

- For women's health go to https://www.womenshealth.va.gov/
- For mental health go to https://www.mentalhealth.va.gov
- For intimate partner violence go to https://www.socialwork.va.gov
- For MST or Military Sexual Trauma go to https://www.mentalhealth.va.gov/ msthome.gov
   Hot Line 1-800-827-1000

#### **Other Ways to Find with Local Veterans**

How do I get the names of local veterans in my area? Contact your local organizations for example AMVETS American Veterans, DAV Disabled American Veterans, PVA Paralyzed Veterans of America, The American Legion. Ask if you can come to there organization and talk about what the VA has to offer to Women Veterans. Remember to explain that you are not a VA representative. Talk to your service officer and



Kelly Barr Department Hospital Chairman kabarr66@msn.com

# Legislative



- Check out the National VFW Site for the latest Issues
- Legislative Advocacy for two bills pending in Congress S3003 and H.R.3967
- Sign Up for Action Corps <u>https://votervoice.net/VFW/register</u>
- Take Action so you can contact your Congress to help Support Veterans

## Six areas of concern

- Budget
- Health Care
- Disability Assistance and Memorial Affairs
- Education, Employment and Transition Assistance
- Military Quality of Life
- National Security, Foreign Affairs and POW/MIA



Let's Get Veterans the Care They Need

# Membership

VFW Auxiliary Department of Florida

August 2022

Volume 23

Issue 3

#### How is your Auxiliary Membership Growing?

- > Do you have a membership chairman?
- > Applications always available in a convenient place?
- > Are <u>all members</u> receiving <u>credit</u> for bringing in <u>New Members</u>?
- > Is your Auxiliary welcoming all new members?
- > Handing out new membership packet with information?
- > Having all new members being mentored?
- > "Never" let your new member sit alone.
- > Always make your new members feel welcome.
- > Ask questions, learn about their reasons for joining.

"Hands that Serve, Hearts that Care"



## <u>Plant the seed & grow our</u> <u>Membership</u>

As your Auxiliary and District reaches <u>90% & 100%</u>

In Membership you will receive a special team award.

Each Auxiliary who reaches 95% or more by <u>November 30,2022</u> will be entered into a drawing.

One Auxiliary in each of the four membership classes will have a chance to Win \$50....

Winner will be announced at the Mid-Winter Conference in January 2023



National: www.vfwauxiliary.org

Information on Membership:

Department of Florida: www.vfwauxfl.org

Jeanne F Laurine Department Membership Chairman Jeannelaurine5@gmail.com

Approved by: Department President, Cindy Estell

# Mentoring for Leadership

VFW Auxiliary Department of Florida

August 2022

Volume 23, Issue 3



## **ATTENTION DISTRICT PRESIDENTS**

- Please get with your Auxiliary
   Presidents and find out who is their
   Auxiliary Mentor
- Please compile a list of these Auxiliary mentors and send me an email of the mentors in your District

#### The great thing about mentoring is it doesn't require fundraisers and totally benefits your members exclusively!

### WHO is your Auxiliary mentor?

Each and every Auxiliary should have a Mentor!

#### **Auxiliary Presidents:**

All of you should have a Mentor for your Auxiliary. You should select someone that is knowledgeable on current programs and workings within the organization. Some of your members may have a ton of experience but they may not be following current changes or attending the District or Department meetings.

Your mentor person should be friendly, approachable and willing to help!

As President, you should have a mentor to help you with your year if you are new to the position or to help you reach your next quest in our organization. We all have mentors and they can change as your progress through the organization!

When you select a mentor it should be someone that has served or walked where you want to go!

# **SCHOLARSHIPS**

Volume 23, Issue 3

Department of Florida VFW Auxiliary

August 2022

# IT'S COUNTDOWN TO KICKOFF- get the ball rolling!



"My Pledge to Our Veterans"

Patriot's Pen (Grades 6-8)

"Why is the Veteran Important?"

Voice of Democracy (Grades 9-12)

#### *Wow! What awesome topics this year! These questions will encourage students to really think about and research veterans, their stories, and their issues.*

- $\Rightarrow$  Order brochures from the VFW store (#4440 and #4420) and get the word out!
- $\Rightarrow$  An article in the local newspaper will get attention from people outside the schools. Include award information and deadlines to enter (10/31/22). Talk about last year's winners.
- ⇒ Use your contacts to let teachers, counselors and VFW members know the brochures are ready and the topics are hot! Make a date to visit schools and other local organizations.
- $\Rightarrow$  Ask to hang posters at local businesses

# And just a few months from now: Continuing Education Scholarship • Open to all Aux members (for at least one year), their spouses or children • Must show financial need (ENTRIES TO NATIONAL BY 2/15/23) Young American Patriotic Art Contest and Young American 3-Dimensional Patriotic Art Contest • Specific Guidelines as to design and medium • ENTRIES DUE TO YOUR POST BY 3/31/2023! Scholarship PROGRAM GOALS \* More Student Participation \* Recipient Recognition \* Increase Community Awareness \* Grow the Fund

*Our new National President , Jane Reape, has chosen the Young American 3-Dimensional Patriotic Art Contest as her Special Project. Don't forget to plan a fundraiser to help the fund the artists of tomorrow!* 

"Strong people stand up for themselves, but stronger people stand up for others"

## **Veterans & Family Support**

#### Volume 23

Issue 3

#### August 2022

Department Presidents Theme: "CHAMPION FOR VETERANS" Department Presidents Motto: "Strong people stand up for themselves, but stronger people stand up for others"

**Department Presidents Special Project: 'Southeastern Guide Dogs'** 

National Presidents Theme: "Hands that Serve, Hearts that Care"















# GUIDE DOGS

Some veterans lose vision on the battlefield. Some return home, with unseen scars...nightmares and flashbacks so severe that it feels safer to just never leave the house. Southeastern Guide dogs make a dramatic difference.

SGD is located at: 4210 77th Street East Palmetto, FL 34221 941.729.5665 (Direct) 800.944.3647 (Toll Free)

For more information go to: www.guidedogs.org/get-a-dog/dogsfor-veterans/

#### Dates to Remember:

#### August:

- 4<sup>th</sup> Coast Guards Birthday
- 5<sup>th</sup> 6<sup>th</sup> Auxiliary Boot Camp

#### September:

- 5<sup>th</sup> Labor Day
- 11<sup>th</sup> Patriots Day
- 14<sup>th</sup> VFW Auxiliary Birthday (9/14/1914)
- 16<sup>th</sup> National POW MIA Recognition Day
- 17<sup>th</sup> Constitution & Citizenship Day
- 25<sup>th</sup> Gold Star Mothers/Family's Day
- 29<sup>th</sup> VFW Birthday (9/29/1899)

- Guide dogs lead the way for veterans with vision loss, opening doors for veterans to have independence, building their confidence, and giving them companionship. Their dogs learn over 40 skills, including intelligent disobedience which is refusing a cue because the situation is unsafe.
- Service dogs shift the focus from triggers and trauma to a calm, steady
  presence of a highly trained dog. Their dogs learn 15 to 20 cues and bring a
  peace of mind to veterans who are living with PTSD and other disabilities.
- Facility therapy dogs live with staff members and provide therapeutic services to veterans and families being treated in military medical facilities and who work in high stress environments across the nation.
- Emotional support dogs provide comfort to veterans. These gentle dogs ease stress, provide companionship, and offer opportunities for enhanced exercise and the development of daily routines.
- Well-trained Gold Star Family Dogs offer love and companionship to military children & families who have lost a loved one in service to the nation, delivering comfort during the most difficult times.

#### October:

- 10<sup>th</sup> Columbus Day
- 13<sup>th</sup> Navy Birthday
- 21<sup>st</sup> 22<sup>nd</sup> VFW & Aux Fall Conference
- 31<sup>st</sup> Halloween



#### November:

- National Caregivers Month
- 8<sup>th</sup> Election Day
- 10<sup>th</sup> Marine Corp Birthday
- 11<sup>th</sup> Veterans Day
- 24<sup>th</sup> Thanksgiving Day
- 29<sup>th</sup> National Day of Giving
- December:
  - 7<sup>th</sup> Pearl Harbor Day
  - 13<sup>th</sup> National Guards Birthday
  - 17<sup>th</sup> Wreaths Across America
  - 25<sup>th</sup> Christmas

"A man who is good enough to shed his blood for his country is good enough to be given a square deal afterwards." Theodore Roosevelt - July 4, 1903

#### Roger Ingall Department Veterans & Family Support Chairman <u>Shanily.04@gmail.com</u>

# YOUTH ACTIVITES

"Champion for Veterans" "Hands that Serve, Hearts that Care"

VOLUME 23, ISSUE 3 DE

DEPARTMENT OF FLORIDA VFW AUXILIARY

AUGUST 2022

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#### **GRAVE BEAUTIFICATION**

- Have you picked a cemetery with Veteran headstones?
- Did you research how to clean the stones?
- Are you working with Youth Groups?
- Are you keeping a log of Veteran headstones cleaned?
- Let's get moving on this important project!
- Remember we "Champion for Veterans!"

#### ILLUSTRATING AMERICA

- ✓ Available for youth grade K − 8
- ✓ Art Contest

- ✓ Public, Private, Homeschooled
- ✓ Youth Groups
- ✓ Church Youth Groups
- ✓ Get Started Today
- ✓ Encourage and teach Patriotism

#### Make it fun for our youth!

#### By Youth, For Youth

- Get your youth involved
- ✓ Teach them to help others
- ✓ Fund Raise for others in need
- Make and send cards

#### Fundraising ideas:

- Host a spaghetti dinner
- Car wash
- ✓ Yard sale
- ✓ Bake sale
- Arts and craft fair

#### Patriotic Days in September

#### **Teach and Educate our Youth**

- ✓ Sept 11 Patriots Day
- Sept 16 POW/MIA Recognition Day
- Sept 17 Constitution and Citizenship
- Sept 25 Gold Start Mother's/Family Day

#### "<u>GET EXCITED FOR THE</u> RED, WHITE AND BLUE!"

- ✓ Available for youth grade K-12
- ✓ National Singing contest
- ✓ Public, Private,
- Homeschooled
- ✓ Youth Groups
- ✓ Church Groups

Find those kids that like to sing!

Resources available at <u>www.vfwauxiliary.org</u> & <u>www.vfwauxfl.org</u>

Sandi Hendriks Department Youth Activities Chairman sandihendriks@yahoo.com

Approved by: Department President, Cindy Estell